

Matthew 6: 1-6, 16-18

Giving

“Be careful! When you do good things, don’t do them in front of people to be seen by them. If you do that, then you will have no reward from your Father in heaven. “When you give to the poor, don’t be like the hypocrites. They blow trumpets before they give so that people will see them. They do that in the synagogues and on the streets. They want other people to honor them. I tell you the truth. Those hypocrites already have their full reward. So when you give to the poor, give very secretly. Don’t let anyone know what you are doing. Your giving should be done in secret. Your Father can see what is done in secret, and he will reward you.

Prayer

“When you pray, don’t be like the hypocrites. They love to stand in the synagogues and on the street corners and pray loudly. They want people to see them pray. I tell you the truth. They already have their full reward. When you pray, you should go into your room and close the door. Then pray to your Father who cannot be seen. Your Father can see what is done in secret, and he will reward you.

Worship

“When you give up eating, don’t put on a sad face like the hypocrites. They make their faces look strange to show people that they are giving up eating. I tell you the truth, those hypocrites already have their full reward. So when you give up eating, comb your hair and wash your face. Then people will not know that you are giving up eating. But your Father, whom you cannot see, will see you. Your Father sees what is done in secret, and he will reward you.